



Post-Acute Brain Injury Program
at Texas NeuroRehab Center

Outpatient Day Program

For more than 30 years, Texas NeuroRehab Center (TNC) has helped individuals recover from traumatic brain injury and stroke. We continue to expand our continuum of care with the addition of the Tejas Post-Acute Brain Injury Program located on the TNC Campus in South Austin.

The Outpatient Day Program offers neuro-rehabilitation in an outpatient setting Monday-Friday, 9:00am-5:00pm. Patients can attend the program anywhere from 1-5 days/week, up to five hours a day, where they will participate in therapeutic activities which may include both group and individual therapies daily. Each patient will receive an initial evaluation that will determine recommended therapies and schedule.

Criteria

- Diagnosis of traumatic brain injury, stroke or other neurological condition
- Rancho Level of V or above
- Able to provide their own transportation
- Continent of bowel and bladder
- Able to feed self without supervision
- Able to administer medications without supervision
- Impairment or dependence in at least two of the following areas and documented need for assistance or training in these areas:
 - Mobility
 - Communication/Cognition
 - Basic Activities of Daily Living (ADLs)
- Can tolerate an intensive rehabilitative program
- Has a definable rehabilitation goal, which may lead to improvement in functional abilities and higher levels of independence or decreased level of care.

Services

- Therapeutic activities (may include group & individual)
- Individual 1:1 Therapies (physical, occupational, speech)
- Neuropsychological services
- Social work services
- Individualized care plan and schedule based on assessed needs
- Monthly team and family reviews
- Aquatic therapy-group and individual (on-site heated pool)
- Group therapies that may include:
 - Stress reduction-sleep hygiene, meditation, meal planning, exercise
 - Handwork-arts and crafts and gardening onsite
 - Sensory based movement-moving with music to improve balance & coordination
 - Life skills-cooking, telephone skills, social/conversation and speech skills and community trips
 - Planning-time management, managing a schedule, task organization, household management & budgeting
 - Cognitive-memory strategies, peer modeling and feedback, problem solving, attention

Funding accepted:

Medicare
Most commercial insurance
Tricare
HHSC/CRS
Workers Comp
Private Pay



To make a referral or for more information please visit our website at texasneurorehab.com or call 1-800-252-5151