



Bluebonnet Medical Rehabilitation Hospital Patient and Family Guide



T E X A S
NeuroRehab
C E N T E R

Table of Contents

Welcome and Accommodations.....	2
Medical Services-Our Medical Team.....	3
Medical Services-Continued.....	4
Therapy-Daily Therapy Schedule.....	5
Family-Visitation Guidelines.....	6
Campus Polices and Other Useful Information.....	7
Food Services.....	8
Useful Information and Helpful Numbers.....	9
Preadmission and What to Bring.....	10
Admission Day.....	11
Your Discharge Plan and Options.....	12
Discharge Options, Lodging, Dining, Channel Lineup.....	13
FAQs.....	14-15
FAQs and Contact Information.....	16
Your Treatment Team.....	17
Team Conference Notes.....	18
Goals.....	19
Notes.....	20
Map and Directions.....	21

Welcome to Bluebonnet Medical Rehab Hospital



Ed Prettyman, PsyD
Chief Executive Officer

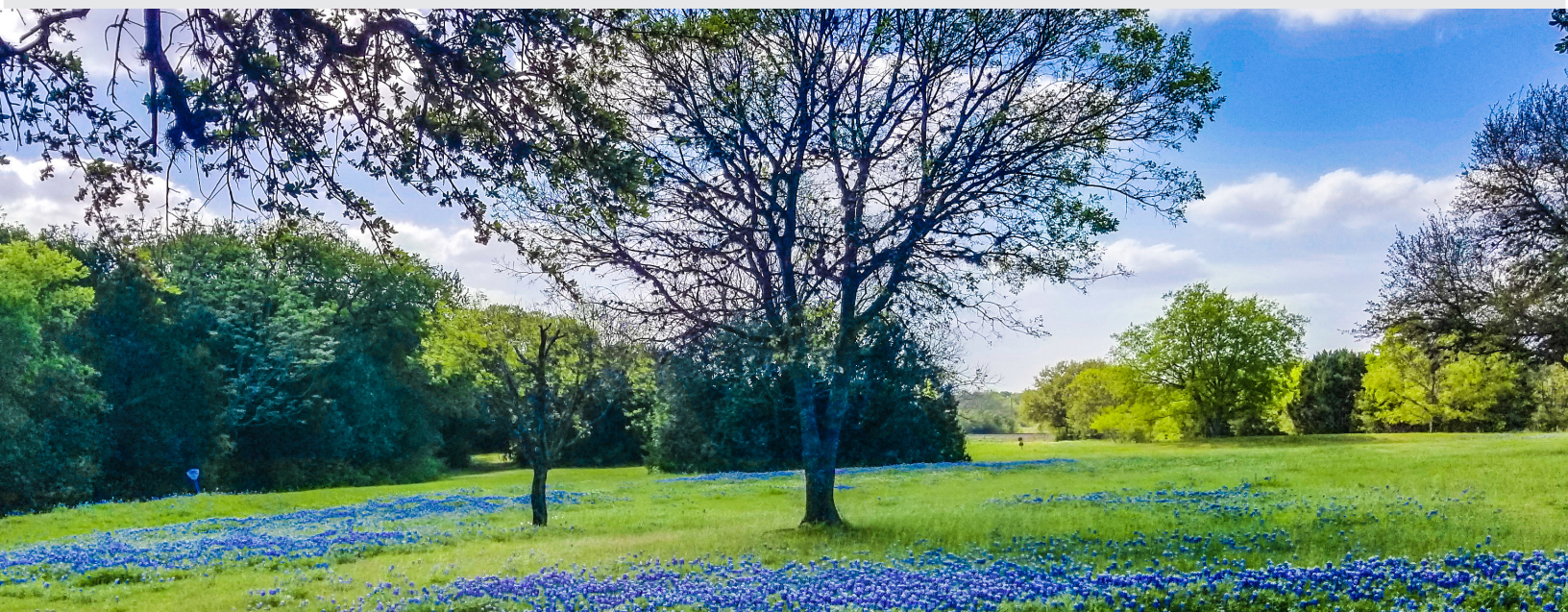
Here at Bluebonnet Medical Rehabilitation Hospital (BMRH), the staff and patients together foster a feeling that we live in a community. We offer inpatient and outpatient services for individuals with brain injuries and other medical complexities, ages 13 years and older. Our levels of care include long term acute care and acute rehabilitation care.

The following guidelines were developed to help patients and their families understand how our rehabilitation program works and how they will get the most out of being a patient at BMRH. It is our belief that the rehabilitation experience will be more positive for all clients and families if we can provide as much information as possible at this early stage. We are aware that each client is unique and we do not expect all issues to be equally relevant to all clients; nevertheless, we strongly believe that we can work best as a community serving the needs of all of our patients by supplying them and their families with as much information about our program as possible.

Accommodations

All rooms are private with semi-private bathrooms, including showers. Your room size is determined by your medical needs and availability. Each room has a hospital bed (equipped with specialty beds or mattresses prior to your arrival), a flat screen television with cable (channel lineup provided in this guide), internal desk, drawer space, telephone and window overlooking the grounds. Patients and families are welcome to bring their personal laptop or tablet, and wi-fi access is provided free of charge.

**Although theft/loss/damage are rare/unlikely events, clients should not bring expensive or irreplaceable items unless absolutely necessary as we cannot be held responsible for their loss.*



Private, spacious rooms feature large windows with views, flat screen televisions, wi-fi access and semi-private bathrooms.

Medical Services

Our Medical and Clinical Team

A team of physicians and clinicians will oversee your care while you are at BMRH.



Laura Gilbey, MD
Medical Director
Pulmonologist



David W. Morledge, MD
Neurologist



Gregory R. Tempest, MD
Neurology and Sleep Medicine



Norman "Chip" Whisenant, DO
Physical Medicine & Rehabilitation
Certified Wound Care Specialist



Amy Arrant, MD
Internal Medicine



Craig Franke, MD
Psychiatrist and
Addictionologist



Margaret Stuart, DPT
Director of Clinical Services



Daniel Garrison, PhD
Director of Neuropsychology



Jessica Brading, RN
Director of Nursing

Medications and Additional Services

Our in-house pharmacy provides over-the-counter and prescribed medications. Please bring personal medications from home for your doctor to evaluate. This process allows the physician to review the home medications, deciding whether to continue or discontinue them, as well as to prescribe any additional FDA-approved medications, all while being able to prevent possible adverse drug reactions, duplications, omissions and interactions. Personal medications are returned to a family member or secured in the pharmacy until discharge. Alternative treatments/medications are only permitted if ordered by a physician. In-house pharmacy hours are 10am to 7pm, Monday through Friday, and 12pm to 4pm on Saturday. An on-call pharmacist is available after hours. New medication orders are filled within the hour and all other orders are filled the same day. Parenteral chemotherapy treatment is not administered and take home medication is not supplied.

Laboratory services are provided through Lab Corp and most results are available the same day. Culture results require 72 hours in most cases. Radiology services are provided on-site and include general X-rays and modified barium swallows. Mobile X-ray services are also available for any stat physician order. Most X-rays are preformed within 24 hours of the order. CT, MRI, or other specialized scans are performed at Austin Radiological Association, or at your in-network provider.

Pain Management

When pain is experienced, alert the nurse so an assessment may be completed. A pain scale is used to measure individual pain level. Levels are documented and referred to when determining medication needs, and monitoring response to medications.

Dialysis Suite

Our on-site dialysis suite operated by DaVita is capable of managing two patients at a time. The room has two reclining dialysis chairs and two portable dialysis machines that can be moved to a patient's room if needed. There is a television in the room and there is also a nurse call system integrated into the wall that will respond throughout the building if an emergency arises.

Case Management & Social Work Services

Every patient is assigned a case manager on the day of admission. Your case manager will work with your funding source and can address any questions. Your case manager can also address other questions about team conferences, off-campus passes and your discharge plan. Social Work Services including counseling and support groups for patients and caregivers are also available.

Therapy

All patients benefit from one of the largest rehabilitation therapy departments in Central Texas. In addition to superior therapy staff, BMRH exceeds the industry standard in direct care.

Daily Therapy Schedule

Individualized therapy schedules are created after a series of evaluations to determine rehabilitation needs. Although each client's schedule will be different in terms of types and amounts of therapies, there is a general daily schedule that patients follow. Therapy is offered seven days a week and most weekday sessions will end by 4pm. Weekend therapies are provided as needed, allowing pursuit of leisure activities and time for visitors. Personal therapy schedules are posted on the unit schedule boards in each hallway by patient room number and on the large board by the nurses' station. Family participation is encouraged.

The following therapies are offered and may be included in your personal daily schedule:

Physical Therapy

- Neuromuscular re-education
- Serial casting/splinting
- 1:1 pool therapy
- Advanced Technology Rehab Devices
- Bioness Hand and Foot Electrical Stimulation Systems
- Saebo Dynamic Neurological Orthoses
- WalkAide System
- Lee Silverman Voice Treatment (LSVT®)
- Neuromuscular Electrical Stimulation (NMES)

Speech Therapy

- Intensive swallow therapy
- On-site radiographic swallow studies
- NMES and Deep Pharyngeal Neuro Stimulation
- Augmentive communication system assessment
- Cognitive therapy

Occupational Therapy

- Neuromuscular re-education
- Serial casting/Splinting
- Cognitive therapy

Vocational Therapy

Education at on-site accredited school

Pet Therapy

Vision Therapy

Aquatic Therapy

Vestibular Therapy

Recreational Therapy

Activities of Daily Living (ADL) Suite

BMRH's on-site ADL suite is designed to allow patients to work with therapists on daily skills they will need once they return home. The suite is equipped with a washer and dryer, television, cooking range and microwave. Beds can be moved into the suite for overnights. The bathroom can be equipped with any equipment the patient will use at home, so that they may utilize prior to discharge.

Family

At BMRH, we work under a belief that family is crucial to the healing process. We encourage family participation and presence throughout your stay.

Family Participation

A maximum of two adult family members may participate in the first two days of therapy. Family may also attend therapies for scheduled training and education or on team staffing day, after the initial two days. A request may be made for family to attend treatment team meetings or therapy sessions. These sessions provide education on care after discharge. Family or friends should not assist patients getting out of bed, wheelchair, or walking until they have received education and training. If a patient is on swallow precautions, please do not provide assistance with eating or drinking until specific instructions are received.

Visitation Guidelines *(*Please check with staff for most current guidelines)*

We encourage visitation from family and friends, but ask that you adhere to the following guidelines for our patient's safety and to prevent the spread of infection. As clients are generally busy with therapy sessions most weekdays, the best times to visit are usually evenings and weekends. However, it is possible to visit at other times - especially if someone wishes to observe the client in therapy sessions.

Visiting hours are:

Monday-Friday 4pm-9pm

Saturday and Sunday 12pm-9pm

**All visitors are required to sign in at the front desk of the nurses' station when visiting the unit.*

Sanitize hands before and after visiting. Hand sanitizer is available outside of each room and throughout the facility. Sinks with soap and water are also available for hand washing. Sanitizing or washing your hands when entering and exiting prevents the spread of germs and infection. Please clean hands after: sneezing or coughing, touching eyes, nose or mouth after using the restroom and before and after eating or drinking.

Cover your mouth and nose if you cough or sneeze and do not sit on patient beds or handle equipment. Do not visit if you are sick or have had any symptoms within the last three days that include, but are not limited to: nausea, vomiting, diarrhea, fever, uncontrolled cough or rash. If a patient is on isolation precautions, please ask or obtain instructions prior to entering the patient's room. This may include wearing a mask, gown, gloves or other protective clothing.

Children are welcome during visitation hours, but must be supervised at all times. Children are not permitted in therapy areas and should not play on the floors of the patient's rooms. Children should abide by the hand sanitizing guidelines as they enter and exit the room.

Overnight Stays

One adult family member is permitted to stay overnight. All of our private rooms are equipped with a cushioned bench or recliner. A cot or air mattress is not permitted, as they do not comply with health and safety standards. Additional information on local lodging is provided in this guide.

Campus Policies and Other Useful Information

Parking

Parking is available at the main entrance of the building and includes handicapped spaces. Please lock your car and take valuable items with you. We are not responsible for lost and stolen items or damage to vehicles parked on our campus.

Safety

In order to maintain a safe environment, we request the following:

- Please ask for assistance if you feel dizzy or weak.
- Follow all instructions given by your treatment team if you are required to stay in bed or if assistance is needed in order to get out of bed.
- Do not tamper with side rails, restraints, or other medical equipment located on your bed.
- Comply with diet restrictions or swallowing precautions.
- Cooperate with staff during periodic fire drills and emergency codes.

Smoking and Use of Tobacco Products

We are smoke free campus and smoking is prohibited on the campus by patients, visitors and staff.

Pets

Your pet may visit, but must remain outside of the building on a leash at all times (service dogs excluded). We do partner with some local organizations that bring trained therapy pets to visit patients.

Chaplain

You may inform your clergy that you are at our facility. The hospital chaplain conducts a weekly, non-denominational service on the unit and can provide grief and spiritual counseling. Assistance can be provided to locate a clergy member of your faith/denomination, if requested.

Cultural and Ethics Committee

Cultural diversity is always respected at BMRH. We are also committed to ethical business practices and operate in accordance with all applicable laws and regulations. An Ethics Committee is available for patients, family and staff.

Food Services

Our Food Services Department provides healthy, home cooked meals catered to dietary guidelines. Each patient's individual diet needs are addressed with the dietitian. Meals are served in the main dining room unless you are unable to leave your room due to medical reasons.

Food and drink obtained off campus are only permitted if authorized by a physician and must be consumed upon arrival. Health Department regulations prevent storage of outside food or drink in the room or unit refrigerator. There is a refrigerator available for short-term use in the dining room kitchen. All food must be dated and the patient's room number on it. The refrigerator is cleaned nightly and all unlabeled containers or open containers will be discarded. Due to health and safety guidelines, only staff may remove or distribute trays from the meal cart.

Meal times are as follows:

8am Breakfast

12pm Lunch

5pm Dinner

Guest meal trays are available and meal tickets may be purchased at the main desk of the Administration Building during business hours. To order a tray, please give the charge nurse your meal ticket. Vending machines with beverages and snacks are available in the Therapy Building. Additional information on local dining is provided in this guide.

Menu Selection Phone Line Instructions: **Please call the Menu Selection Line at 3357 to make your selections.**

Selections must be made prior to:

9:00 pm the night before for Breakfast

9:30 am for Lunch

2:30 pm for Dinner

If you would like to select the alternate entrée or choose from our *Always Available* menu items below please leave a message for Food Services at 357.

Always available items include:

Breakfast

Oatmeal with margarine

Yogurt Parfait

Lunch/Dinner

Baked fish

Italian baked chicken

Turkey & cheese sandwich

Tomato soup

****Please note texture will be modified according to your diet orders.*

Hygiene and Personal Care

Bathing time is scheduled in the evening or morning. Assistance will be provided based on the Occupational Therapy assessment. Staff will provide assistance with other grooming needs. Grooming and toiletry items will be provided and you may also bring your own personal toiletries if you wish. These items should be stored in your room as the bathroom is shared.

Our hair stylist visits on Saturdays (minimum two scheduled cuts and can be reached at: 512-293-9879). Fee can be left with your nurse or family can pay him or her directly.

Billing

If you have a question about your account, please call the main line at: 1-800-252-5151 and ask for patient accounting.

Care and Concern

To maximize health outcomes, and meet your needs and health concerns during your stay, we work closely with you and your family. If conflicts arise during your stay and unit staff are unable to resolve them to your satisfaction, there is a system of patient advocacy.

We encourage all of our patients and their families to please voice all concerns immediately. Contact information is provided in this guide and in the helpful numbers section below.

Helpful Numbers

Case Management

Cody Rice ext #627

Stephanie Carpenter ext #626

Naymar Pridokho ext #629

Admissions

Carol Freeman ext #617

Michelle Waterman #618

Director of Nursing

Jessica Brading ext #723

Director of Clinical Services

Margaret Stuart ext #639

Occupational Therapy Manager

Kevin Toney ext #688

Physical Therapy Manager

Jennifer Loy ext #710

Speech Therapy Manager

Joy Strother ext #242

Respiratory Therapy Manager

Susan Mayberry ext #497

Central Nursing Supervisor

ext #630



Preadmission and What to Bring

Prior to admission, you and your family will meet with one of our clinical liaisons. Once you have been clinically accepted and funding is approved, your Clinical Liaison and our Admissions Coordinator will contact you and your family to coordinate transfer to our facility. Our team will coordinate medication orders, discharge instructions, transportation and equipment needs with your discharging facility. *Please see the "what to bring" list below.*

What to bring to BMRH:

-  Enough clothing for 7-10 days that can include: athletic style T-shirts and short or long pants with elastic bands
** The summers here are hot and last until mid-October. Cool, casual, and comfortable clothes are most appropriate for our climate, activities, and therapies. In the fall, our temperatures usually stay in the 70's or 80's, and winters are usually mild (50-60 degrees most days). *We do have on site laundry available for patient use.*
-  Tennis shoes
-  Jacket, sweater or hoodie
-  Knit hat
-  Lightweight blanket or throw
-  Personal toiletries
-  Personal mementos-photos
-  Cell phone, cell phone charger and Ipad or tablet (wifi free of charge)
**Although theft/loss/damage are rare/unlikely events, clients should not bring expensive or irreplaceable items unless absolutely necessary, as we cannot be held responsible for their loss.*
-  Undergarments (for female patients, please bring bras or sports bras)
-  Socks
-  Pajamas and a bathrobe
-  Driver's License or other form of ID card
-  Social Security Card
-  Medicare/Medicaid Cards
-  Insurance Cards
-  Pharmacy Insurance Cards
-  Legal Documentation – Guardianship, Power of Attorney, Living Will, Advance Directives if applicable.

More information about your room-

- All of our rooms are private with semi-private bathrooms. Your room size is determined by your medical needs and availability.
- Each room has a hospital bed (equipped with any specialty beds or mattresses prior to your arrival), semi-private bathroom, internal desk and a bench or chair for family to stay overnight. Rooms also include a phone and drawers for clothing.
- BMRH provides pillows and bed and bath linens.
- Flat screen televisions with cable are provided in every room.

ADMISSION DAY

What to expect on Admission Day

Upon admission, you will be shown to your room and greeted by your nurse who will complete your initial evaluation. You will be seen by a physician within the first 24 hours. This may occur the following day depending on your time of arrival. The therapy team will begin your evaluations within the first 24 hours, also depending on your time of arrival. Evaluations and therapies are offered Monday through Saturday, while Sundays are reserved for rest and time with family and friends. You will meet with your assigned case manager within the first 48 hours to begin discussing your discharge plan and answer any questions related to funding.

What will your stay be like after admission?

Each day at BMRH is different for every patient. Care, rehabilitation and scheduling is individualized to each patient and his or her needs. Patients at BMRH are very different physically and mentally, so treatment plans are catered to each patient. Patients participate in morning hygiene and receive medications daily based on therapy and physician recommendations.

We encourage patients to stay out of bed throughout the day, if medically acceptable. We also encourage families to stay and participate in daily activities, as long as it does not hinder therapeutic progress.

Monday through Friday is typically very busy with scheduled therapy sessions until 4pm, including an hour each for breakfast, lunch and dinner. Patients are encouraged to eat all meals in the dining room, unless the physician has determined this to be medically inappropriate. Some therapy sessions, such as speech therapy may be held during mealtimes.



Your Discharge Plan

What to expect regarding your discharge from our facility

Discharge planning begins on the day of admission and continues throughout rehabilitation. Length of stay is based on medical necessity. Upon discharge, a resource folder is provided containing future appointments with doctor or clinics, outpatient therapy instructions, home exercise programs, recommended diet, prescriptions, and any other special instructions. Follow discharge instructions in order to maintain a healthy living environment at home. Special instructions may be necessary if patient suffered from a drug-resistant infection, such as MRSA or C. difficile.

In preparation to return home, please keep the following procedures in mind:

1. Discharge papers will be completed and signed by physician. If you leave before the physician signs your papers, your signature on a statement assuming complete responsibility for leaving without medical approval is required.
2. A follow-up appointment with your personal physician may be arranged on your day of discharge.
3. Check-out is between 10-11 am. You and your family are responsible for arranging transportation. Please inform your discharge planner if alternate arrangements are necessary.
4. Prior to leaving, please check room carefully to ensure that you have all of your belongings and any special equipment required. Please return all items that belong to BMRH.
5. If your address has changed since admission, please inform the business office before discharge.

Programs offered at Texas NeuroRehab Center that may be a part of your discharge plan

We offer several programs located on our campus, that may be included in your discharge plan, once you leave BMRH. These include inpatient post-acute brain injury rehab. and outpatient therapy. Please see additional information about these programs below.

Tejas Post-Acute Brain Injury Rehabilitation-Inpatient and Outpatient Neurorehabilitation



Tejas is an 22-bed residential post-acute brain injury program located on the Texas NeuroRehab Center (TNC) Campus. The CARF-Accredited program offers inpatient and outpatient neuro-rehabilitation for patients who have a traumatic brain injury, stroke and other neurologic conditions.

The Inpatient Program includes six hours of therapeutic activities (including group and individual) and two hours of 1:1 individual therapies daily, Monday-Friday. On the weekends, patients will receive four hours of therapeutic activities, as well as personal time where visitors are welcome, or patients can receive a day pass to visit family and friends.

The Outpatient Neuro Program is also located on the TNC Campus in the Bluebonnet Medical Rehab. Clinic. This program offers neuro-rehabilitation in an outpatient setting, Monday-Friday, 9am-5pm. Patients can attend the program 2-5 days/ week, where they will participate in three hours of individual therapies daily. Patients will also need to provide their own transportation. For more information or a tour, please call 512-462-2270, or ask a staff member.

Bluebonnet Medical Rehab Clinic-Outpatient



Bluebonnet Medical Rehab Clinic offers specialized outpatient services to individuals with medical diagnoses, orthopedic needs, neurological disorders or injuries, post-surgical issues and chronic pain.

The Clinic is located on the TNC Campus next to the Bluebonnet Medical Rehabilitation Hospital. Occupational, speech-language, physical and vision therapists combine the latest technology with evidence-based, hands on approaches to help patients reach their full potential. Therapists work with the patient's other medical providers to ensure consistent and thorough progress.

The Clinic offers therapy, Monday-Friday, 9am-5pm and patients will need to provide their own transportation. For more information or a tour, please call, 512-462-6790 or ask a staff member.

Local Dining and Local Lodging

Lodging:

Comfort Suites South-1701 East Saint Elmo Road-512-444-6630-*Reference Texas NeuroRehab Center for discounted rate
Staybridge Suites Austin Airport-1611 Airport Commerce Drive-1-800-225-1237-*Reference Texas NeuroRehab Center for discounted rate

Austin Marriot South-4415 South I-35-512-441-7900

Candlewood Suites-4320 Interstate 35 Service Street-1-877-660-8543

Dining that delivers:

Jason's Deli-512-280-0990

Craig-O's Pizza and Pastaria-512-282-7499

Cafe 1626-512-440-1626

First Wok-512-444-0077

**Additional information on lodging, dining and other services can be found at the nurses' station and on the website.*

Cable Channel Lineup

Channel Guide 12.1	National Geographic 45.2	Fox Sports 46.1	My TV-Justice 29.8
KXAN NBC 33.1	Univision 34.1	E! TV 40.2	TNT 48.1
KEYE CBS 31.2	Food Network 42.1	ESPN 2 41.1	Travel 48.2
MSNBC 44.3	Disney Channel 40.1	Weather Channel 49.2	TruTV 49.3
KVUE Justice 28.7	Telemundo 35.1	ESPN News 41.2	Bravo 38.1
FOX News 42.2	C-SPAN 58.2	ESPN U 41.3	Spectrum News 26.9
KLRU PBS 33.2	AMC 36.3	ESPN C 58.3	Music 23.3-25.16
TBS 47.2	Bloomberg 58.1	HGTV 43.2	
CNBC 38.2	History Channel 44.1	Headline News 43.3	
KLRU DT 27.6-PBS Kids	ESPN Longhorn Network 57.1	MTV 45.1	
CNN 38.3	A & E 36.1	Science 46.2	
WGN 28.4	Freeform 36.2	USA 48.3	
Discovery 39.3	SyFy Channel 47.1	NBC Sports 49.1	
KVUE ABC 31.1	BBC America 37.2	FOX Sports 1 46.3	
Comedy Central 39.2	BET 37.3	NFL Network 50.1	
KTBC FOX 32.2	Golf Channel 43.1	Spectrum Info 27.3	
TLC 47.3	Nickelodeon 45.3	KLRU Q 27.5-PBS	
Cartoon Network 39.1	Unimas 34.2	Estrella TV 29.3	
Lifetime 44.2	ESPN 40.3	CW 32.1	
FX 42.3	Animal Planet 37.1		

FAQs

How do I receive updates on progress and goals?

You and your family will participate in team conferences* within the first 5-7 days, then every two weeks thereafter. *These meetings are 15 minutes in length and designed to discuss goals, progress, issues and answer questions.

How long will I stay at BMRH?

Your length of stay is completely dependent on your progress and discussions with you, your family and your treatment team.

What are the visiting hours? *(*Please check with staff on most current hours)*

Family is an integral part of the treatment team. While we have posted visitation hours, we encourage visiting your loved one at any time, including during therapy times as an observer of treatment.

Visiting hours are:

Monday-Friday 4pm-9pm

Saturday and Sunday 12pm-9pm

While these times are not rigorously enforced, we do request that visitors be mindful of the need for rest and recovery after a busy therapy schedule. Some patients may leave campus to visit family and return in the evening, if approved by your physician.

Where do I park?

Parking is available at the main entrance of the building and includes handicapped spaces. Please lock your car and take valuable items with you. We are not responsible for any stolen items or damage to vehicles parked on our campus.

How do visitors find the unit?

Once visitors arrive on campus, follow the signs that lead to Bluebonnet Rehabilitation Hospital. Ample parking is available as well as handicap parking. There is a map at the end of the guide.

FAQs

Can family stay overnight? *(*Please check with staff on most current guidelines)*

We do not discourage family members from spending the night with their loved one, however we do request that overnight visitors are limited to one individual. All of our rooms are equipped with a cushioned bench or chair. A cot or air mattress is not permitted, as they do not comply with health and safety standards. Additional information on local lodging is available at the nurses' station and in the patient guide.

When are meal times and can family get meals as well?

Our Food Services Department provides healthy, home cooked meals that can be catered to dietary needs. Meals are served in the main dining room unless you are unable to leave your room due to medical reasons. Food and drink obtained off campus are only permitted if authorized by a physician and must be consumed upon arrival. Health Department regulations prevent storage of outside food or drink in your room or unit refrigerator.

Meal times are as follows:

8am Breakfast

12pm Lunch

5pm Dinner

Guest meal trays are available and meal tickets may be purchased at the main desk of the Administration Building during business hours. To order a tray, please give the charge nurse your meal ticket. Vending machines with beverages and snacks are also available in the Lone Star Therapy Building. Additional information on local dining is available at the nurses' station.

May pets visit?

We realize the importance of pets in daily lives as well as in the recovery process. For this reason, pets are allowed to visit, but they must remain outside and on a leash at all times.

FAQs & Contact Information

Where do I go from here?

Discharge placements vary from patient to patient depending on the medical status and level of independence at the time of discharge. Many patients are discharged directly home. Other placements include our Post-Acute Brain Injury or Outpatient Programs. Your physician and treatment team can help you identify the best discharge option.

**For questions about admissions please
contact your Clinical Liaison or
Carol Freeman, Admissions Manager
at: 512-462-6617**

All other questions please contact:

**Jessica Brading, Director of Nursing
at: 512-462-6723**

**Margaret Stuart, Director of Clinical Services
at: 512-462-6639**

Your Treatment Team

Physicians:

Director or Nursing/Charge Nurse:

Case Manager/Social Worker:

Physical Therapists:

Occupational Therapists:

Speech Therapists:

Respiratory Therapists:

Wound Care:

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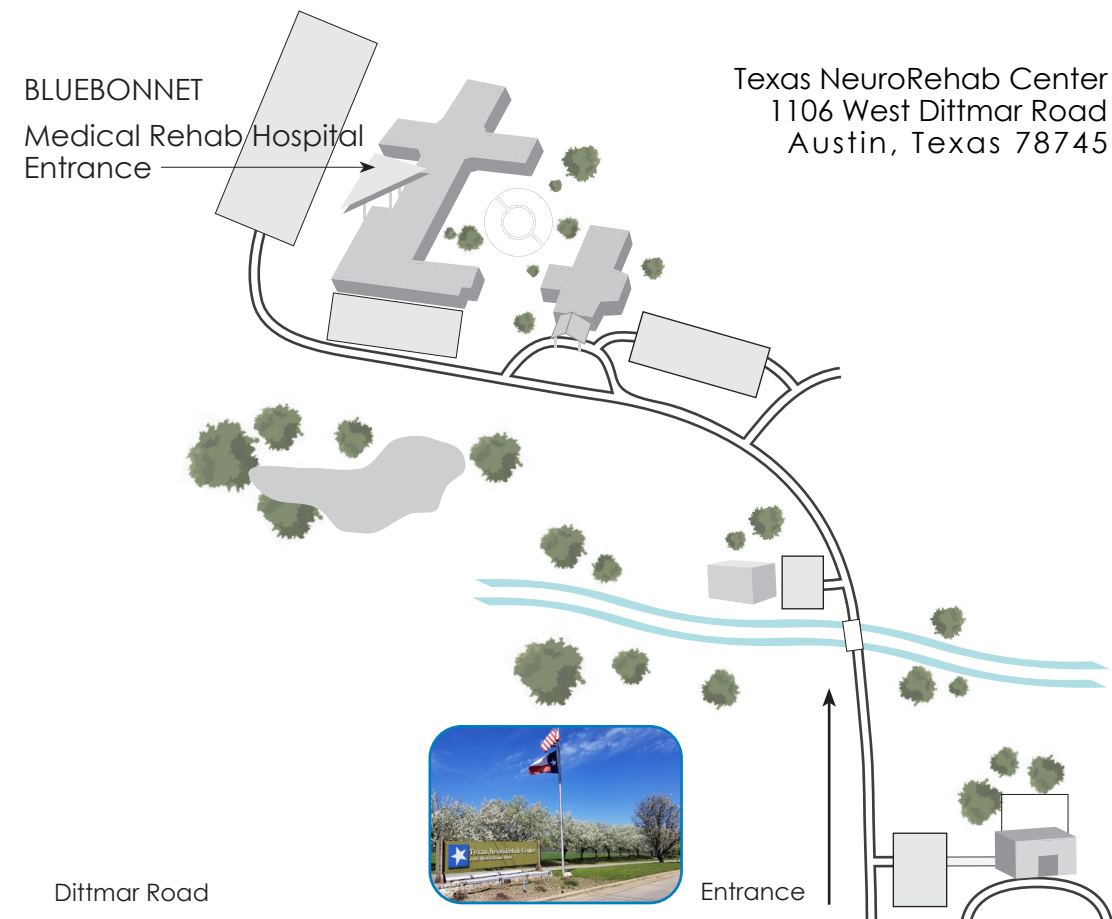
Goals

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Notes

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Directions and Map



From the South:

I-35 North : exit Slaughter Lane
West (left) on Slaughter to South First Street
Right on South First Street
Left at light/Dittmar Road
Entrance approximately 1 mile on right

From the West:

Highway 71 or 290 to William Cannon
East (right) on William Cannon to Manchaca
Right on Manchaca
Left at second light/Dittmar Road
Entrance approximately 1 mile on the left

From the North:

I-35 South: exit William Cannon
West (right) on William Cannon
to South First Street
Right at light/Dittmar Road
Entrance is approximately 1 mile on the right

From the Northwest:

Mopac/Loop South: exit William Cannon
East (left) on William Cannon to Manchaca
Right on Manchaca
Left at second light/Dittmar Road
Entrance is approximately 1 mile on the left

Follow road at main entrance up the hill, keep left at the fork and proceed to the entrance of Bluebonnet Medical Rehabilitation Hospital.



Texas NeuroRehab Center 1106 W. Dittmar Rd. Austin, TX 78745
512-444-4835 or 800-252-5151 www.texasneurorehab.com



T E X A S
NeuroRehab
C E N T E R