



Tejas Post-Acute Brain Injury Program at Texas NeuroRehab Center

For more than 36 years, Texas NeuroRehab Center (TNC) has helped individuals recover from traumatic brain injury and stroke. Our brain injury continuum of care on our campus in Austin, Texas includes the Tejas Post-Acute Brain Injury Program, a 22-bed residential facility and neuro-rehabilitation outpatient program.

Inpatient Program Services include:

- Comprehensive initial evaluations completed by an interdisciplinary team that may include: physicians, nurses, physical therapists, occupational therapists, speech therapists, dietitians, neuropsychologists, and social worker.
- An individualized treatment plan for each patient adapted to the patient's goals, personality and the community environment to which the patient will be discharged.
- Semi-private suites with private bedrooms
- Home and family environment
- Group and community re-entry therapeutic activities
- Individual 1:1 therapies (physical, occupational and speech)
- Aquatic therapy (on-site heated pool)
- Vision evaluation and therapy
- Coordination of care needs with community physician and appointments
- Transportation for planned appointments and activities
- Neuropsychological services
- Meals catered to special dietary needs, with nutritional monitoring, including bolus tube feedings
- 24/7 care overseen by an MD and RNs
- Case management and social work services
- Counseling and support groups
- Monthly treatment team meetings with patient and family/caregiver



To make a referral or for more information please visit our website
at texasneurorehab.com or call 1-800-252-5151

Post-Acute Brain Injury Program Groups and Sample Schedule

Group therapies may include:

- Orientation
- Goal planning
- Cognitive skills (memory, attention, problem solving, executive function)
- Balance
- Life skills (cooking, budgeting, home management)
- Strength and Endurance
- Expressive and Receptive Language Skills
- Yoga
- Leisure activities
- Community re-entry
- Arts and Crafts
- Gardening

Sample schedule:

7am Morning ADLs

8am Breakfast

9am Speech Memory Group

10am Individual Physical Therapy

11am Balance Group

12pm Lunch

1pm Recreational Group

2pm Individual Occupational Therapy

3pm Yoga

4pm Leisure Time

5pm Dinner

